



UNIVERSITY OF
KWAZULU-NATAL™
INYUVESI
YAKWAZULU-NATALI

**EXTENDED
LEARNING**

Coaching for Managers



— CONTINUING EDUCATION —

OUR WORLD IS CHANGING...SHOULDN'T YOU?

Coaching for Managers

About this programme

Coaching is a tool/technique that enhances a manager's performance and therefore the coachees' performance, and ultimately the organisation's performance. This short programme will equip delegates with coaching techniques to allow them to coach staff and to enable them to create a coaching culture within their environment.

How you will benefit

Develop an understanding, appreciation and application, as in the latest research in the field, of a coaching approach to leadership/management enhancement and development in a range of practical workshop situations.

Key focus areas

- Styles of leadership/styles of management
- What is coaching? What is mentoring?
- Soft skills for hard results
- Successful managers communicate successfully: thinking, listening, questioning (the coaching model)
- GROW (goal; reality; options; will to act – Sir John Whitmore)
- The concept and practice of the 'manager-coach': action to reflection
- Resolving a dilemma (race, gender, culture bias)
- Time Management (20:80 priorities; delegation, meetings)
- You and your team: motivation, shared values, shared goals
- Team dynamics
- Coaching your team through change
- Performance appraisal
- Learning transfer (ROI, ROE, MBTI, Kirkpatrick 4-Level Evaluation)

Who should attend

Line managers at public, private and academic institutions

Entrance requirements

This programme is suitable for practising line managers who have been selected by their institution/organisation. Delegates should have a minimum of a year's experience as a line manager

Programme fee

The programme fee will be determined based on the requirements

Duration

Three Days

Facilitators include:



Professor Michael Chapman

Michael is currently the KZN Chairperson for Coaches and Mentors of South Africa (COMENSA). He is also an Emeritus Professor at UKZN and was the former Head of School of Literary Studies at UKZN. Michael is an A-rated NRF Researcher and has published a number of peer-reviewed articles, books and book chapters.



UNIVERSITY OF
KWAZULU-NATAL™
INYUVESI
YAKWAZULU-NATALI

**EXTENDED
LEARNING**

UKZN Extended Learning (UEL) is committed to enrichment through lifelong learning, by providing high quality credit and non-credit bearing programmes in collaboration with schools and colleges of the University of KwaZulu-Natal. In a fast-changing environment, developing relevant and useful skills and knowledge, and the capacity to deliver results, is more important than ever. Our programmes are designed using the very best methods by combining content, based on both tried and tested results, and recent cutting edge research, with interactive experiential teaching and learning from local and international experts, faculty and guest speakers.

Disclaimer: Due to the extended planning horizon, UEL reserves the right to amend dates and prices at short notice, whilst protecting the consumer rights and interests of prospective delegates. For the most accurate information, please visit our website: www.ukznextendedlearning.com

Contact:

Enquiries

+27 31 260 1234

enquiries.uel@ukzn.ac.za

Pay with Zapper

Scan this barcode to pay:



University of KwaZulu-Natal, Howard College Campus, Gate 9
Room 212, Innovation Centre, Rick Turner Road, Durban, 4001
www.ukznextendedlearning.com